

2009 Bowie Volleyball Information

2-3-A-Days

Day 1 Monday August 3, 2009 9th-(8:30 am-10:30 am, 1-3 pm) 10th-12th-(10 a.m.-12 p.m.-3-5:30 pm)
Day 2 Tuesday August 4, 2009 9th-(8:00 am-10:00 am, 1-3 pm) 10th-12th-(10 a.m.-12 p.m.-3-5:30 pm)
Day 3 Wednesday August 5, 2009 9th-(8:00 am-10:00 am, 1-3 pm) 10th-12th-(10 a.m.-12 p.m.-3-5:30 pm)/Burgers @ 6:30 and LOCK-IN???
Day 4 Thursday August 6, 2009 9th-(8 am-10 am, 1 p.m.-3 pm) 10th-12th-(10 a.m.-12 p.m.-3 pm-5 pm) pm)/PICTURES 5:00 pm/6:30 pm Meet the Coaches/Parents Night
Day 5 Friday August 7, 2009 9th- (8-10 am) 10th-12th (10 am-12 pm)/Scrimmages Var @ Bowie, JV @ McNeil, 9th @ Lake Travis
Day 6 Saturday August 8, 2009 Scrimmages Var @ Round Rock, JV @ Round Rock, 9th @ Bowie
Day 7 Monday August 10, 2009 9th- (10-11 am) 10th-12th (11 am-12 pm)/First game Georgetown/Dripping Springs @ Georgetown/9th @ Dripping Springs JV/Var
Day 8 Tuesday August 11, 2009 9th- (10-11 am) 10th-12th (11 am-12 pm)/Game Vista Ridge/New Braunfels @ Bowie/9th @ New Braunfels
Day 9 Wednesday August 12, 2009 9th-(8 a.m.-10 a.m.) 10th-12th (10 a.m.-12:30 p.m.)
Day 10 Thursday August 13, 2009 Varsity @ Westwood Tourney/JV and 9th TBA
Day 11 Friday August 14, 2009 Varsity @ Westwood Tourney/JV and 9th TBA
Day 12 Saturday August 15, 2009 Varsity @ Westwood Tourney/JV and 9th TBA
Day 13 Monday August 17, 2009 Inservice-Practice TBA
Day 14 Tuesday August 18, 2009 Inservice/Game McCallum @ McCallum
Day 15 Wednesday August 19, 2009 Inservice-Practice TBA
Day 16 Thursday August 20, 2009 Inservice-Practice TBA/JV and 9th vs. Round Rock
Day 17 Friday August 21, 2009 Inservice/Varsity @ New Braunfels Tourney/JV and 9th TBA
Day 18 Saturday August 22, 2009 Varsity @ New Braunfels Tourney/JV and 9th TBA
Day 19 Monday August 24, 2009 First Day of school??/Regular Practice

REMEMBER!!! IT IS MANDATORY TO HAVE AND BRING IN A PHYSICAL BEFORE THE FIRST DAY OF PRACTICE!!! All practices are subject to change due to activities such as Staff Development, first day of school, and Freshmen Orientation. Practices will be split up by age group. If times are changed athletes will be notified Day 1 or information will be available on Coach Landers' voice mail (512) 414-7350.

Practices

After two-a-days practice will continue on the first day of school August 24, 2009. Freshmen will have practice during school (Monday-Friday) in 4th period, after school on Wednesday, and possibly Monday and Thursday after school. Sophomores, Juniors, and Seniors will have practice starting before school at 7:00 a.m.-9:00 a.m. in first period, except on Wednesdays. **On Wednesdays practice will be held for all teams after school from approximately 4:15-6:00 p.m.**

Scrimmages and Games

Scrimmages will be on Friday, August 7th and Saturday 8th, 2009 (all day Saturday). The first game will be held on Monday, August 10th, 2009, schedules are enclosed. Directions to games will be made available to parents and athletes during the first Booster club meeting of the year in August.

Bulldogs and Hotdogs

Bulldogs and Hotdogs will be held on possibly Saturday, September 12, 2009. Bulldogs and Hotdogs is a large fundraiser/pep rally to prepare for the new school year and athletic events. All volleyball players will be expected to be there, in the past the volleyball players have been recognized.

Bowie Volleyball Camp

Bowie Volleyball Camp will be 3 SESSIONS THIS YEAR AS FOLLOWS FROM JULY 27-31, 2009 from 8:00 a.m.-11:00 a.m for 3rd-6th graders, 11:30 a.m.-2:30 p.m. for 7th-8th graders, and 3:00 p.m.-6:00 p.m. for all 9th graders at **BOWIE HIGH SCHOOL**. The camp is open to all athletes from 3rd-9th grade (incoming freshmen). The cost is \$85.00 and registration info is in the packet.